

# Educating the Whole Child



This conference features an opening keynote speaker followed by three 1 hour 15 minute sessions presented in the morning and the afternoon. The presentations address the five tenets of *Healthy, Safe, Engaged, Supported, Challenged* and the *Communities of Excellence*.

- TEACHING AND LEARNING**
- TRANSFORMATIONAL LEADERSHIP**
- GLOBAL ENGAGEMENT**
- POVERTY AND EQUITY**
- REDEFINING STUDENT SUCCESS**

With **THE WHOLE CHILD** at the center, the ASCD framework for educators consists of the *Communities of Excellence* (listed on the left) which represent the challenges and responsibilities of educators in classrooms and leadership positions today.

**Friday, October 11, 2019**  
**9:00 AM - 3:00 PM**

FEA Conference Center  
 12 Centre Drive  
 Monroe Township, NJ

Join educators statewide for an excellent day of learning, teaching, and leading!  
 Register Now!!!

# Educating the Whole Child Conference

**9:00**        **Welcome**

**9:05-10:05**   **Keynote Presentation**

## **How Schools Can Be Part of the Mental Health Home**

**Dr. Bert Mandelbaum**

This presentation will touch upon on the importance of recognizing, preventing and treating mental health issues in children and adolescents. It will focus on three main aspects:

- ◆ Early Recognition and referral of students with mental health issues
- ◆ School policies/educational philosophies to help prevent mental health issues
- ◆ Using schools to promote student and parental education regarding prevention of mental health issues.

Dr. Mandelbaum is the school physician for both Montgomery and Hillsborough school districts and is the Chair of the NJAAP's Task Force on Adolescent Sleep and School Start Times. Dr. Mandelbaum is also a pediatrician at Princeton Nassau Pediatrics and is Chair of the Department of Pediatrics at Penn Medicine Princeton Health.

## **Session I (10:15-11:30)**

### **1. Mindful Leadership: Creating Sanctuaries for Learning**

This session will show how to use mindful strategies with intentionality to design safe classroom spaces. These practices allow students to refuel and build the stamina needed for academic success. With a cohesive team of teachers, parents, and community members, our district strives to create a respectful, caring community of learners. Elementary, middle, and high school staff and students implement a variety of techniques and strategies to promote well-being. Participants will discover how to employ mindfulness in grades K-12 and take away an exemplary selection of resources.

Presenters: Dr. Kathie Foster, Superintendent of Robbinsville Schools,  
Dr. Kimberly Tew, Assistant Superintendent of Curriculum and Instruction,  
Molly Avery, Principal, Robbinsville High School, and  
Kristen Levy, 5<sup>th</sup> grade teacher, Pond Road Middle School

### **2. Meeting the Social and Emotional Needs of All Learners: Strategies that Work!**

Do you feel like you are meeting the social and emotional needs of your students each day, regardless of the role you serve in your school? Do your students feel emotionally safe and supported? This workshop, facilitated by a teacher, school counselor and vice principal, will explore several tangible ways that you can support the social and emotional needs of your students no matter the role you serve, enabling your students to reach their fullest potential. This session is ideal for teachers, counselors, CST, support staff, and administrators who want to walk away with specific ideas and strategies they can implement in their schools.

Presenters: Kelly Flannigan, 6th Grade Special Education Teacher,  
Lindsay John, School Counselor, and  
Katie Lemerich, Vice Principal, Reading-Fleming Intermediate School, Flemington-Raritan

## **Session I (10:15 – 11:30) continued**

### **3. Changing School Start Times for the Health & Education of Adolescents: Promoting Better Health & Educational Outcomes for Students**

The talk will discuss the science behind adolescent sleep patterns and the evidence and expert policies that recommend delaying school start times for adolescents. The talk will address some of the perceived obstacles and common solutions utilized by school districts who have changed their start times.

Presenter: Dr. Mandelbaum, school physician for both Montgomery and Hillsborough School Districts and is the Chair of the NJAAP's Task Force on Adolescent Sleep and School Start Times

### **4. Telling the Story: Learning in a Global Classroom through Mathematics**

Participants will experience strategies that empower students to see mathematics through the lens of relationship building at a global level. Using activities that can be shared at the building and district levels, you will be guided to engage in an empathy challenge, investigate resources such as Harvard Graduate School of Education Project Zero Out of Eden, and Better World Ed. in order to better understand the connections between student-centered learning, global competence, and social/emotional learning. This session will focus on ways to support teachers in integrating pedagogy that reflects the needs of diverse learners, impactful storytelling, and global competence.

Presenters: Susan Totaro and Melissa Pearson, West Windsor-Plainsboro Regional School District

## **Session II (11:40-12:55)**

### **5. From Policy to Practice: Critical Change Processes That Elevate All Children's' Voices**

Understanding the political influences and dynamics of the decision-making process related to educational issues is a critical part of moving sustainable and systemic change forward in any district. On June 8<sup>th</sup>, 2019, West Windsor-Plainsboro Regional School District hosted an EdCamp focused on Equity and Inclusivity. With well over 200 participants, partnerships with State and National change-makers, and most importantly student speakers, the day represented the culmination of years of work. Presenters (including the Superintendent, a teacher, and supervisors) will share their journey in bringing policy and practice together to create this safe space for the exploration of difficult conversations related to equity and inclusivity. Knowing that this was both a capstone experience, and the beginning of a much larger journey, the workshop will be structured to allow participants significant time for conversation, questions, and their own exploration.

Presenters: Dr. David Aderhold, Superintendent, Justin Dolcimascolo, Penny Fisher, and Susan Totaro, West Windsor-Plainsboro Regional School District

### **6. Teaching with Multiculturalism and Diversity in Mind**

New Jersey is a very diverse state. For example, 40 percent of residents are considered a minority race or ethnicity, 30 percent speak a language other than English, and nearly 300K considered themselves LGBTQ. Multicultural resources help combat bullying and increase minority narratives in education. This workshop will make the case that literature and history can be both mirror and window into the diverse nature of our classes. The participants will examine the Amistad and Holocaust Commissions curricula as well as upcoming LGBTQ requirements. Participants will be able to find new resources, including literature examples, and develop lessons reflecting the diversity of their students.

Presenter: Courtney Carmichael, Ed.D., Supervisor of Curriculum and Instruction, Closter Public Schools

## **Session II (11:40 – 12:55) continued**

### **7. School-wide Positive Behavior Supports**

This session will focus on positive behavior interventions system comprised of research-based behavior interventions that have been shown to improve social behavior and academic achievement.

Presenter: Ronnie Dougherty-Principal, Intermediate School,  
Freehold Borough Public School District

### **8. Cultivating and Sustaining the Whole Educator**

Teaching is exhausting work, but there are steps school and district leaders can take to cultivate and sustain the whole educator. Explore strategies to create learning environments that promote a healthy lifestyle, are physically and emotionally safe, connect and engage with the broader community, support personalization, and consistently challenge both students and adults. Learn ways to support teachers so they feel both personally and professionally fulfilled.

Presenter: Allison Rodman, The Learning Loop

## **LUNCH (12:55– 1:40)**

## **Session III (1:45-3:00)**

### **9. Addressing the Five Tenets through Growth Mindset, Mindfulness, and SEL Practices**

Our school District's approach through the use of growth mindset, mindfulness and SEL practices has had a profound positive impact on the learning environment and overall school climate and culture for our students, educators and families. Through the following practices it has helped transform our school community and beyond.

- Growth Mindset: Starting each day with a healthy mindset: starting each day with mindful announcements
- Physical & Emotional Safe Environment: developing an appreciation for respecting yourself and others which enables them to feel safe in school each day.
- Actively Engaged: active engagement through specific growth mindset lessons.
- Personalized Learning: teachers employ the use of growth mindset language to foster positive feedback and encourage student self-esteem.
- Challenged Academically & Prepared for the Global Environment: teachers constantly assess students to address students interests, current academic level and 21st century skills. While making sure the students are using a growth mindset approach towards learning.

Presenters: Joan Carrion, Jessica Saxon, Tara Philp, and Brianne Mahoney  
Rutherford School District

## **Session III (1:45 –3:00) continued**

### **10. Engaging the WHOLE Community to Support the WHOLE Child: One School's Journey to Leverage Community Resources in Order to Provide Real-World, Experiential Learning Opportunities and Create Lasting Partnerships**

Through the creation of a student centered Wellness Day and the building of an innovative Outdoor Learning Space (ODLS) our staff and community joined together to provide experiential learning opportunities to support social and emotional learning for the students in/out school. In this session, participants will learn about the steps taken to create and implement these initiatives, and the importance of utilizing community resources to promote student engagement and positive school culture. Wellness Day is a yearly event where community members, including parents, business owners and school professionals lead sessions for our students such as mindfulness, yoga, dance, martial arts, nature walks, gymnastics, cooking, art, gardening and many more to promote the health and well-being of body, mind, and spirit. Additionally, a committee of dedicated parents, staff, community volunteers including corporations, local landscaping businesses worked together on the creation of an innovative Outdoor Learning Space. This area complete with a pond water feature, Monarch Meadow, weather station and Nature Trail, provide robust learning opportunities across the curriculum to promote engagement, hands-on learning opportunities, and a sense of pride, comfort and safety in the school. These events have brought our school to the forefront of our community and have created substantial experiential learning opportunities for our students. Presenters will provide ways to work with the community to identify and implement opportunities for student engagement, as well as practical ways to collaborate with key stakeholders in the community.

Presenters: Christopher Turnbull, Principal, Tina Overman, STEM Facilitator, and Dr. Beth Hoffman, School Psychologist, Bear Tavern Elementary School, Hopewell Valley School District

### **11. Hybrid Learning Stations for Engaging Students with Mindfulness**

High student engagement plays a crucial role in achievement; yet how can students be engaged, if they aren't able to focus on the task at hand? The session will provide strategies for educators in order to increase student engagement, while promoting mindfulness in the classroom. Through the hybrid learning model, participants will be taken through stations in order to model the exercise. Enhanced student engagement is the objective of concurrent independent, collaborative, and teacher-led stations. Exposure to various learning modalities will be modeled with real examples for the high school classroom that can easily be modified for K-8.

Presenters: Lauren Sherburne and Tanya Stevenson, Instructional Coaches, Morris Hills Regional District

### **12. Engaging Hearts & Minds: Exploring Culturally Responsive Teaching Practices**

We believe that every individual has intrinsic worth, that embracing diversity enriches and empowers our community, and that people reach their full potential when encouraged to believe it is possible. Students are most successful when the myriad of experiences that make them who they are outside of school are recognized and celebrated in the classroom, and our teaching is filtered through the unique and diverse students we serve. Through interactive activities, time for talk and inquiry, as well as exploration of diverse resources, participants in this workshop will have an opportunity to explore culturally responsive teaching practices, as well as examine their own understandings of bias and equity.

Presenters: Penny Fisher and Susan Totaro, West Windsor-Plainsboro Regional School District



Educating the *Whole Child* Registration Form - October 11, 2019

*Important: Please include the attached Breakout Selection Form for each registrant.*

Name \_\_\_\_\_

\_\_\_\_\_

Position \_\_\_\_\_

School/District \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

Purchase Order No. \_\_\_\_\_ Personal Check \_\_\_\_\_

**Pricing:**

\$ 135.00 - one person OR

\$ 120.00 per person for team of 3 or more

Number of people \_\_\_\_\_ @ \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Conference to be held at:

FEA Conference Center,

12 Centre Drive,

Monroe Township, NJ 08831

Please fax registration form to Michele Goldfarb at 609-409-0946

Or mail to: NJASCD, 12 Centre Drive, Monroe Township, NJ 08831

May also be emailed to [njascdmail@aol.com](mailto:njascdmail@aol.com)

**Refunds:** If you are unable to attend a program for which you have registered, call or write NJASCD seven (7) days prior to the program date to request a refund. No refunds shall be granted unless notification is provided within this timeframe.



***Educating the Whole Child Conference Session Selection Form  
October 11, 2019***

Name \_\_\_\_\_

District/School \_\_\_\_\_

**Please select one offering from each session.**

**Session I (10:15 – 11:30)**

1. \_\_\_\_\_ Mindful Leadership: Creating Sanctuaries for Learning
2. \_\_\_\_\_ Meeting the Social & Emotional Needs of All Learners: Strategies that Work!
3. \_\_\_\_\_ Changing School Start times for the Health & Education of Adolescents
4. \_\_\_\_\_ Telling the Story: Learning in a Global Classroom through Mathematics

**Session II (11:40 – 12:55)**

5. \_\_\_\_\_ From Policy to Practice: Critical Change Processes that Elevate All Children's Voices
6. \_\_\_\_\_ Teaching with Multiculturalism and Diversity in Mind
7. \_\_\_\_\_ School-wide Positive Behavior Supports
8. \_\_\_\_\_ Cultivating and Sustaining the Whole Educator

**Session III (1:45 – 3:00)**

9. \_\_\_\_\_ Addressing the Five Tenets through Growth Mindset, Mindfulness, & SEL Practices
10. \_\_\_\_\_ Engaging the WHOLE Community to Support the WHOLE Child: One School's Journey
11. \_\_\_\_\_ Hybrid Learning Stations for Engaging Students with Mindfulness
12. \_\_\_\_\_ Engaging Hearts & Minds: Exploring Culturally Responsive Teaching Practices